

**ABSTRACT OF THE DISCLOSURE**

The present invention provides an adhesive tape or sheet for application to skin, which is made of an adhesive composition containing an acrylic copolymer having a specific composition and a specific carboxylic acid ester, wherein the acrylic copolymer has a gel fraction adjusted to a specific range. The adhesive tape or sheet for skin of the present invention can be used for first aid adhesive plasters, surgical tapes, large adhesive plasters with a pad, dressing materials and the like.

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